



Towheed Iranian Girls School

Wellbeing Action plan

2022-2023

The mission of the Towheed Girls School counseling program is to give the student Self-awareness of:

Who am I?

What are my strengths?

What are my weaknesses?

What is my goal?

What facilities do I have?

How can I achieve my goal?

I love my self with all my strengths and weaknesses.

Actions	Success Criteria	Date	Responsible persons	Grade Level	Resources	Cost	Evidence
Wellbeing program will aim to blend academic content (different subjects) with an exploration of character and ethics.	Promoting positive attitudes, and a healthy lifestyle in the school hearing	1 Sep 2022 31 Aug 2023	Principal Deputies Supervisor	1 Sep 2022 31 Aug 2023	Class resources teacher training Teachers LP	Nil	Write plan with input from Class teachers

Actions	Success Criteria	Date	Responsible persons	Grade Level	Resources	Cost	Evidence
	<p>students' concerns throughout the lesson and trying to give the best advice</p> <p>Having more students who are mentally and physically fit</p> <p>being able to hear the students and make sure nobody is left behind</p>						
Meet and greet new student	To make them feel welcomed in the new school environment	All year for new student	School Counselors	All level	Parent – Teacher Orientation	For Decorations and Refreshments	Power points, Pictures & Videos
I.E.P Individual & Group Counseling	Teaching and Learning to be adapted for all SOD and Talented Students	All Year	School Counselors & Sod department	All level	IEP's	Nil	IEP's, Counselors reports, minutes of the meeting, Action Plan

Actions	Success Criteria	Date	Responsible persons	Grade Level	Resources	Cost	Evidence
Parent Teacher Meeting	3 times a year and as and when needed so that all concerns are addressed	All Year	School Counselors & Sod department	All level	Students progress report, Targets and IEP's	Nil	IEP's, Counselors reports, records of the meetings, Action Plan, Pictures and Videos
Wellness Activities	To involve students in activities that they love doing or want to start doing Planning school outings selected by the students	All Year	School Counselors & wellbeing team	All level	Students talent groups	Nil	Student groups, Activity calendar, pictures and videos
Attendance Reviews	To achieve and maintain at least 95% students attendance	Every week and as needed	School Counselors + Clinic department	All levels	Attendance records	Nil	Attendance registers, Leave applications
Student Screening	To understand students levels and any areas of concerns at the start of the new academic year to plan	Start of the school year for new students, as and when needed	School Counselors & Sod department	All levels	Admission records, IEP's and health records	Nil	Admission records, IEP's and health records

Actions	Success Criteria	Date	Responsible persons	Grade Level	Resources	Cost	Evidence
	activities and IEP's Health screening to be aware of any metal or physical illness if any						
Exposure and awareness to higher education and career opportunities	To give students a platform to make choices for further education after grade 12	All Year	School Counselors	Middle and high school	Visits to some universities in Dubai	Nil	Visits to the University Exhibition, WUOD and we have career counseling
Opportunities to make choices	Students should understand the role their personal strength type plays, to gain important insights into their educational, career and relationship needs	All Year	School Counselors	Grade 7,8,9	School Counseling	Nil	Counselors reports and records

Actions	Success Criteria	Date	Responsible persons	Grade Level	Resources	Cost	Evidence
University's applications	Most students seeking admissions in Universities in the UAE	Second semester	School Counselors	Grade 12	University brochures and information	Nil	Students admission records in Universities
Crisis Counseling (Intervention) <ul style="list-style-type: none"> - Grief - Social Skills - Self-Control - Study Skills - Creative Intervention for children of divorce - Barriers 	To help students live a normal life and a chance to a fruitful education and confront and overcome any emotional, mental or stress barriers in their lives	All Year (As Needed)	School Counselors	All student	Handouts, Motivational videos	Nil	Counselors records and data
Small Group and Classroom Program <ul style="list-style-type: none"> - Anti-bullying - Internet Safety 	Awareness of any threat and how to overcome them	All Year	School Counselors & wellbeing team	All Student	Policies	Nil	School policies, trainings, workshops

Role of the School Counselor

- Lead new student orientation at the beginning of school year
- Development and implementation of classroom lessons and small groups: friendship, self-esteem, career, classroom expectations
- Schools to Watch committee
- Lead weekly guidance meeting
- Organize and implement field trips
- Working with students to understand their personal and academic needs
- Participate in trainings to better understand student needs
- Design and implement anti-bullying training for all school
- One on One parent/student meetings for 10th grade course selection
- Letters of Recommendation for university
- Course Selection Process (Grade 9)
- 7th grade student getto know your self-meetings
- Individual Counseling
- Parent and Student Meetings